

We use cutting-edge tools and theory to integrate neuroscience with a whole-systems approach to build the highest level of coaching capability and cultivate more success for you personally and professionally.

Module 1

- Evolution of Coaching with Neuroscience
- Moving beyond the Traditional Approach to a Whole-System Integrated Approach
- PSG Art-Neuroscience-Art Model
- **7 STAGE™** Process
- **SURE™ and PRIME™** models
- 4 Cornerstones and Co-Regulation
- 3 Brains – Head, Heart and Gut
- Neuroplasticity and Open Systems
- Evolutionary Echoes

Module 2

- Coaching Capability
- Quality Proficiencies and Quality Practice
- Contracting using the **EASE™** model
- The **SPACE** for NeuroPerformance
- Mindsets – Fixed, Growth and Performing
- **Success Bank™**
- Neural Wiring and Rewiring

Module 3

- Innovations and trends shaping coaching
- Co-Design space in Coaching
- Future Focused Tools
- Science of Artful Questions
- Relationship Intelligence
- Coaching Relationship Map
- Session Practice and Ethics

Module 4

- Boundaries and Tolerations
- Transformation – Values in action
- Chemistry Contagion
- The Anatomy of Trust
- Co-Regulation in Human Systems
- Case study work
- Practice Skills Feedforward

Module 5

- Workplace Coaching
- Systems nested in Systems
- Career Conversation Agendas
- **WIN-Grow™** model
- Threat vs Reward alert systems
- Evaluations and Assessments
- Free access to the QCC coaching community

Module 6

- Emotional Intelligence
- **E-Motion Energy Matrix™**
- Practice Skills Observation
- **PSG DIVEIN™** model
- Multi-generational Neurochemistry
- Social Engagement Systems (SES)
- Coach vs Team Coach

Module 7

- Full Personal Review
- Reflections to Realisations to Action
- Strategies for Self-directed Success
- CPD and Next Steps
- QCC Coaching Community
- **Graduation**

*We synthesise neuroscience with best coaching practice, education, management and leadership. Our classrooms and online sessions are where coaching comes alive – you get to **KNOW, DO and BE** more than ever before.*



Accredited Practitioner Diploma in Coaching with Neuroscience

Academic Excellence and Relevance

The Practitioner Diploma in Coaching with Neuroscience is a part-time course for those wishing to become a practicing coach or to learn best practice coaching skills in order to improve their personal and professional effectiveness. The PSG Diploma is recognised as the quality mark of professional excellence of coaching with neuroscience

The Diploma course leads to the World Association of Coaching with Neuroscience Accredited award of WIN-Coach

The Practitioner Diploma in Coaching with Neuroscience - a professional qualification which allows successful graduates to practice as a coach and to become a member of professional coaching organisations such as the World Association of Coaching with Neuroscience (WACN), the Association for Coaching (AC) and the International Coach Federation (ICF)*

Course Duration

The course consists of 7 themed modules spread over 6 or 7 months. The modules are a mix of pre-recorded content and live classes and lectures - all fully online.

In addition there is external work including assignments, reading course books, giving and receiving coaching (peer, professional and pro bono), journaling, book and media reviews and study group meetings.

Course Fees

We aim to make our courses accessible and flexible for everyone and regularly offer discounts for early registrations. Please check our website or contact us for the latest discounts and special offers.

We also offer a flexible payment plan – interest free and spread out over the duration of your course. Instalments can start before the course if you want to spread the cost over a longer period.

Course Work and Evaluation

We understand that our students need to balance studying with other responsibilities in their lives. In order to support this, we spread the course work assignments and submissions across the duration of the course. Evaluations happen as an ongoing process and include practical observations, project work, written assignments, recommended reading, research and coaching logs.

Class sessions are normally 3 evenings each module per month, usually on a Thursday or 2 full days a month, check the schedule. External course work would typically be 20 hours per month. You must attend a minimum 90% of all classes and fulfill all course work requirements achieving a minimum total score of 75% to obtain a qualification.

Entry Requirements

This course has no formal qualification entry requirements. We appreciate and acknowledge that the best thing you can bring to coaching is your own real life experience. You will be expected to be competent in reading, writing and understanding English to a reasonable level. We speak with each prospective student to ensure you know what is expected of you and that choosing this course is right for you and your needs.

Course Values and Support

We believe that the best learning happens when there is a support system in place so we put high value on feedback, study groups and sharing of knowledge. We offer closed learning groups to ensure your success. We provide regular network and support events at no extra cost for all our past graduates

Course Dates

The course runs a number of times a year and with a variety of different schedules so there is no reason to miss out. Please check our website or contact us for the latest course dates. If you can't make certain dates let us know as we may have other options available.

*The course is accepted by these and other organisations. Some may have additional criteria including a number of paid client hours. Contact us for the latest specific requirements.

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